

Insight Trip to Egypt

with Hands Along the Nile Development Services (HANDS)



October 14-24, 2022 Schedule

Day 1: Friday, October 14, 2022 (Cairo)

Upon arrival at the Cairo airport, our staff will meet, assist, and transfer you to the hotel. Check in and overnight.

Day 2: Saturday, October 15 (Cairo)

After breakfast, we will start a full day tour with your Egyptologist tour guide. We will visit the 4500 year-old **Giza Pyramids**, the only remaining wonders of the ancient world, and also see the **Sphinx**, carved from a single stone, representing a creature with a Pharaoh's head and a lion's body. Lunch will be at a local restaurant. Then we continue to visit the ruins of the ancient city of **Memphis** and see the **Step Pyramid of Sakkara**, the oldest ever man-made construction in hard rock. Dinner will be at a local restaurant and then we'll return to the hotel for the night.

Day 3: Sunday, October 16 (Cairo)

After breakfast, we will start a full day tour with an Egyptologist. We will visit the **National Museum of Egyptian Civilization**, which presents an overview of Egyptian civilization from prehistory to the present day. After lunch, we will visit the **churches of Old Cairo** and the **Sultan Hassan and Ibn Touloun mosques** in Islamic Cairo. We will have some time for shopping in the **Khan el Khalili bazaar** in the evening.

Day 4: Monday, October 17 (Nile cruise)

We will start the day with a visit to the **Association for the Protection of the Environment**, a HANDS-sponsored job-skills training program for women in Cairo's garbage recycling community. This is also a fun shopping opportunity! Afterwards, we will transfer to the airport to take our flight to Aswan. Upon arrival, we will be met and taken to the cruise ship, where we will spend the night.

Day 5: Tuesday, October 18 (Nile Cruise)

After breakfast, we will visit the beautiful Temple of the Goddess Isis, the famous **Philae Temple**, then sail to **Kom Ombo** and visit the double temple shared by Horus and Sobek, the crocodile god. From there, we will sail to **Edfu** and visit the most complete and entirely Greek temple of Horus. We will then sail to **Esna**, pass through the lock, and sail to **Luxor**.

Day 6: Wednesday, October 19 (Nile Cruise)

After breakfast, we will cross over to the west bank, visit the necropolis of Thebes, where we see the tombs of the ancient pharaohs in the **Valley of the Kings**. Then, we'll continue to the **temple of Hatshepsut** and the **Colossi of Memnon**.

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Day 7: Thursday, October 20 (Hurghada)

We will leave the ship after breakfast and transfer to a **Red Sea resort** in an airconditioned bus. We'll check in to the resort and spend the rest of the day there.

Day 8: Friday, October 21 (Hurghada)

We'll enjoy a free leisure day. You can enjoy the beauty of the **Red Sea** and have the opportunity to swim, snorkel, dive, and/or fish.

Day 9: Saturday, October 22 (Cairo)

After breakfast, we will check out and transfer to the Hurghada airport for a flight to Cairo. We'll spend the afternoon at the **Gezira Club** (or a similar place), playing tennis for those who choose. Then we will ride a **Felucca sailboat** on the Nile, have dinner at a local restaurant, and return to our Cairo hotel.

Day 10: Sunday, October 23 (Alexandria)

We will drive to the ancient city of Alexandria, located on the Mediterranean Sea, where we will visit a Roman amphitheater, catacombs, and Pompey's Pillar. We'll have some free time to explore the city in the evening and spend the night there, overlooking the sea.

Day 11: Monday, October 24 (Alexandria/return to Cairo/departure)

After breakfast, we will tour the Alexandria library and visit the Montazah Palace Gardens. After lunch, we will return to Cairo in preparation for our evening flights to the US.

Pricing

This once-in-a-lifetime adventure costs only \$3,200 per person for a shared room or \$3,700 per person for a single room.

This price includes:

- four nights in Cairo at the Grand Nile Tower hotel or a similar five-star hotel
- two nights in Hurghada at the Continental Hotel Hurghada or a similar five-star hotel on an all-inclusive basis
- three nights on a Nile cruise on the Iberotel Crown Emperor or a similar five-star cruise ship
- one night in Alexandria at the Paradise Inn Windsor Palace or similar four-star hotel
- three meals per day
- an English-speaking guide
- accompaniment by a tour leader
- accompaniment by Joe Awadalla, an Egyptian-American tennis coach
- entrance fees to sites on itinerary

Hands Along the Nile Development Services, Inc.

www.handsalongthenile.org

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- ground and air transport within Egypt

This price excludes:

- international airfare (to/from the US)
- alcoholic drinks
- personal expenses (laundry, phone calls, etc.)
- visa fee and personal travel insurance
- tips
- airport and fuel taxes
- optional excursions

Note that the prices may increase slightly once the fall 2022 prices are released.

Bonus! \$500 of your payment is a tax-deductible donation to support HANDS' work in underserved communities in Egypt!

Rates for children:

- infants up to age six: free, share parents' room
- age six to age 12: half the adult rate, share parents' room
- age 12 and over: full price

Next steps

To join this action-packed adventure, you can register here:

<https://handsclasses.wufoo.com/forms/r19ip4w50vcwnnq/>

Payment schedule:

- \$500 down-payment due July 15, 2022
- remainder of payment due September 1, 2022

Payments can be made at: <https://hands.networkforgood.com/events/42574-fall-2022-insight-trip-to-egypt>